

Methylprednisolone

Protocols:

1. Anaphylaxis/Allergic Reaction
2. Adrenal Crisis
3. Adult Respiratory Distress
4. Pediatric Respiratory Distress, Failure, or Arrest


Indications:

1. Allergic reactions
2. Airway inflammation
3. Reactive airway disease
4. Acute adrenal insufficiency

Contraindications:

1. Hypersensitivity to methylprednisolone (or similar)
2. Inability to swallow (by age or patient status)

Dosing:

1. Adult 125 mg IV/IO
2.  Pediatrics 2 mg/kg IV/IO (max dose 125mg)

Expected Effects:

1. Decreased inflammation

Side Effects:

1. Dizziness
2. Nausea/vomiting