

Jackson County Medical Control Authority
Community Paramedicine Protocols
URINARY COMPLAINTS

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Urinary Complaints

Indications: This protocol provides general guidance for the evaluation of patients with Urinary complaints under the Community Paramedicine Program. These complaints may include pain with urination, urinary retention and hematuria. The CPU will respond to a residence on request from the primary care provider, on request by the patient through 911 triage or on referral from ALS 911 response. The CP will follow guidelines outlined by the primary care providers or on-line medical direction orders.

Purpose: To assess complaints related to the urinary tract.

CPU Directives:

1. Follow **General Protocol for CPU Patient Assessments**.
2. Obtain and review patient health history and primary care provider's orders prior to evaluation when available.
3. Obtain a urine sample for urine dip stick. The urine should be clean catch, strait catheterization for intermittent catheterization patient or current/new Foley sample as indicated.
4. Use the urine dipstick results to guide therapy:
 - a. If the urine is positive for infection consider oral and/or IV antibiotics.
 - b. If the urine is negative for infection and urinary retention is suspected consider Foley catheter insertion.
 - c. If hematuria alone is present, assess for urinary retention or kidney stone.
5. Contact the PCP or on-line medical direction per the **General Protocol for CPU Patient Assessments**. Along with the patient report, give the results of the urine dipstick and discuss treatment and continuity plan.
6. Continue treatment and follow the **General Protocol for CPU Patient Assessments** until a disposition is determined and continuity plan completed.