



SKILLS COMPETENCY VERIFICATION: BLEEDING CONTROL – TOURNIQUET FORM

NAME: _____

DATE: _____

AGENCY: _____

EVALUATOR: _____

OBJECTIVE

The candidate will demonstrate the proper technique and procedures for applying a tourniquet.

EQUIPMENT

Manikin or simulated patient, medical aid bag with all necessary trauma equipment, and appropriate Personal Protective Equipment (PPE).

PERFORMANCE CRITERIA AND CONDITIONS

The candidate will be presented with a simulated patient who has an active bleeding wound. The candidate will demonstrate how to appropriately apply a tourniquet.

EVENT	DOES	DOES NOT
1. States the indications for the use of a tourniquet. <ul style="list-style-type: none">• Active bleeding		
2. States the contraindications for the use of a tourniquet. <ul style="list-style-type: none">• Minor wounds		
3. States or demonstrates the use of appropriate PPE.		
4. Exposed the injury by cutting away the patients clothing.		
5. Positioned the tourniquet two (2) inches above the wound site.		
6. Twisted the Windlass Rod until the distal pulse was no longer palpable.		
7. Locked the rod in place with the Windlass Clip.		
8. Grasp the Windlass Strap, pull it tight and adhere it to the Velcro on the windless clip.		
9. Verbalized recording the date and time the tourniquet was applied.		