



Section 3: Adult Circulation/Shock Protocols

ADULT CIRCULATION/SHOCK: SHOCK GUIDELINES

TYPES OF SHOCK	SIGNS AND SYMPTOMS
CARDIOGENIC SHOCK	<ul style="list-style-type: none"> • Hypotension • Difficulty breathing • Cool, clammy skin • Weakness
HYPOVOLEMIC SHOCK	<ul style="list-style-type: none"> • Tachycardia • Weak, thready pulse • Hypotension with narrow pulse pressure • Hypotension or falling systolic BP • Pale skin • Clammy or dry skin • Dyspnea • Altered LOC / coma • Decreased urine output • Restlessness • Irritability • Decreased urine output
ANAPHYLACTIC SHOCK (Distributive Shock)	<ul style="list-style-type: none"> • Hypotension • Severe respiratory distress • Shock • Dyspnea • Wheezing • Hoarseness / stridor • Cyanosis • Facial / airway edema • Urticaria / hives • Warm burning feeling • Itching • Rhinorrhea • Altered LOC / coma • Pulmonary edema
NEUROGENIC SHOCK (Distributive Shock)	<ul style="list-style-type: none"> • Hypotension with a narrow pulse pressure • Evidence of trauma (lacerations, bruising, swelling, deformity) • Normal or bradycardic HR • Compromise in neurological function • Normal or flushed skin color
SEPTIC SHOCK (Distributive Shock)	<ul style="list-style-type: none"> • Hypotension with a narrow pulse pressure • Dyspnea • Febrile • Tachycardia • Signs of infection • Hx of UTI • Hypovolemia (Fever, Sweating) • Dehydration • Altered LOC / coma
OBSTRUCTIVE SHOCK	<ul style="list-style-type: none"> • Obstruction that interferes with preload / afterload • Commonly caused by tension pneumothorax / pulmonary embolism • Hypotension • Chest pain • Hypoxia • Absent lung sounds (tension pneumothorax) • Present lung sounds (pulmonary embolism)