



Section 13: Appendix 1: Medications

DIPHENHYDRAMINE (BENADRYL)

Pregnancy Category - B

A	AEMT	A
P	PARAMEDIC	P

ACTIONS	Antihistamine
INDICATIONS	<ol style="list-style-type: none">1. Allergic reactions2. Adjunctive treatment to epinephrine in anaphylaxis3. Medication induced extrapyramidal symptoms (EPS)
CONTRAINDICATIONS	<ol style="list-style-type: none">1. Known hypersensitivity2. Acute asthma
PRECAUTIONS	<ol style="list-style-type: none">1. Carefully monitor patient while awaiting for medication to take effect (effect of medication begins 15 minutes after administration)2. May cause CNS depression3. Use caution in patients with history of asthma4. Use caution in patients with history or cardiovascular disease
SIDE EFFECTS	<ol style="list-style-type: none">1. Sedation2. Dries secretions3. May exacerbate asthma4. Blurred vision5. Headache6. Hypotension7. Tachycardia8. Thickening of bronchial secretions
SUPPLIED	50mg / 1ml vial
ADULT DOSAGE	Allergic Reaction or Anaphylactic Shock: 25 mg – 50 mg slow IVP / IO or IM Extrapyramidal Symptoms: 25 mg – 50 mg IVP / IM DO NOT mix in the same syringe as (Haloperidol -Haldol –Currently not used in protocol)
PEDIATRIC DOSAGE	Allergic Reaction or Anaphylactic Shock: 1 mg/kg slow IVP / IO or IM (max dose 50 mg) See <u>PEDIATRIC DRUG ADMINISTRATION CHART</u> for weight based administration
KEY POINTS	<ul style="list-style-type: none">• Use in anaphylaxis only after Epinephrine (Adrenaline) and stabilization of cardiorespiratory symptoms
PROTOCOL USE	<ul style="list-style-type: none">• Adult Anaphylaxis Reaction / Shock• Pediatric Shock