



# Pain Control

## General

### CRITERIA

Non-cardiac pain from causes such as, but not limited to:

- Suspected kidney stones
- Sickle-cell crisis
- Isolated extremity injuries
- Cancer

### PROTOCOL

<b>EMR</b>	Follow <i>General – Universal Patient Care/Initial Patient Contact protocol.</i>	<b>EMR</b>
<b>EMR</b>	Assess/measure baseline pain level using scale below.	<b>EMR</b>
<b>EMR</b>	Assess for systolic blood pressure greater than 90 mmHg.	<b>EMR</b>
<b>I</b>	Administer <i>Zofran (Ondansetron) 4mg IV/IO/IM.</i>	<b>I</b>
<b>I</b>	<p><i>Fentanyl (Sublimaze) 25mcg IN, IM, or IV/IO over 2 minutes as initial dose; may repeat 25 – 50 mcg every 5 minutes titrated to pain relief, up to maximum dose of 200 mcg as long as systolic blood pressure is greater than 90 mmHg and patient remains conscious.</i></p> <p style="text-align: center;"><i>or</i></p> <p><i>Morphine Sulfate 5 mg IV/IO, IM over 1 minute, repeat 2 mg every 5 minutes, titrated to pain relief (maximum dose 10 mg) as long as patient’s systolic blood pressure is greater than 90 mmHg.</i></p>	<b>I</b>

### PEARLS

- 🔔 Exercise caution with patients who have used medication, alcohol, or illicit drugs prior to your arrival.
- 🔔 Pain management medication options are available for the provider to select the medication that best meets the needs of the patient and assessment findings (allergies, etc.).
- 🔔 If too much pain management medication is administered and the patient’s mental status deteriorates, the provider may consider the use of Narcan to reverse the effects.
- 🔔 When opioid medications are contraindicated, ineffective, or refused by the patient, the inclusion of non-pharmacologic procedures may help with pain control by decreasing fear and anxiety and by providing patients with a sense of control. These may be considered as a part of pain management for all patients being mindful of developmental age differences:

- Reassurance
- Distraction
- Imagery
- Music
- Positioning or splinting
- Providing a toy and/or pacifier
- Hot and cold treatments
- Therapeutic touch

Wong-Baker Faces Pain Rating Scale

