

CONVERSION TABLES

Table A.5: Temperature Equivalents

Rectal		Oral		Forehead		Axillary
98°	=	97°	=	97°	=	96°
99°	=	98°	=	98°	=	97°
100°	=	99°	=	99°	=	98°

Rule of Thumb: Rectal temperature 1° higher than an oral or forehead temperature; 2° higher than an axillary temperature.

Table A.6 Liquid Measurements

1 tsp	=	5cc	=	1/6 oz
1 Tbsp	=	15cc	=	1/2 oz
2 Tbsp	=	30cc	=	1 oz
1 Cup	=	240cc	=	8 oz
1 Pint	=	500cc	=	16 oz
1 Quart	=	1000cc	=	32 oz

Table A.7: Linear Measurements

1 mm	=	0.04 in
1 cm	=	0.4 in
2.5 cm	=	1 in
1 m	=	39.37 in

Table A.8: Weight Measurements

1 oz	=	30 gm
1 kg	=	1000 gm
1 kg	=	2.2 lbs
1 lb	=	0.45 kg

Table A.9: Temperature

Centigrade **Fahrenheit**
 $(C^{\circ} \times 9/5) + 32 = F^{\circ}$ $(F^{\circ} - 32) \times 5/9 = C^{\circ}$

0°	=	32°
35°	=	96.8°
36.5°	=	97.7°
37°	=	98.6°
37.5°	=	99.5°
38°	=	100.4°
38.5°	=	101.3°
39°	=	102.2°
39.5°	=	103.1°
40°	=	104°
40.5°	=	104.9°
41°	=	105.8°
41.5°	=	106.7°
42°	=	107.6°