

AIRWAY OBSTRUCTION: ADULT

1. Ask, "Are you choking?"
2. Perform abdominal thrusts/Heimlich maneuver. Perform chest thrusts for pregnant or obese victims.
3. Repeat abdominal thrusts until effective or victim becomes unresponsive.
4. Lower victim to floor. If victim is unresponsive with no breathing or no normal breathing (i.e., agonal gasps), begin CPR (no pulse check).
5. Before you begin breaths, look into mouth. If you see a foreign body that can be easily removed, remove it.
6. Reattempt ventilations.
7. If unable to ventilate patient, attempt to remove obstruction(s) using laryngoscope and McGill forceps.
8. If obstruction persists, consider percutaneous **needle cricothyrotomy**.