

## PRE-ECLAMPSIA

**MILD PRE-ECLAMPSIA:** Moderate hypertension, edema, weight gain.

**MODERATE TO SEVERE PRE-ECLAMPSIA:**

Any one of the following:

- ✓ Hypertension >160  
systolic or  
>110 diastolic
- ✓ Epigastric pain
- ✓ Headache
- ✓ Cerebral Disturbances
- ✓ Visual disturbances
- ✓ Dyspnea
- ✓ Cyanosis

**ECLAMPSIA (TOXEMIA):**

Any one of the above or:

- ✓ Seizure
  - ✓ Postictal
1. Administer high flow O<sub>2</sub>.
  2. Establish IV/IO access.
  3. Apply cardiac monitor.
  4. If patient seizing, administer 1-2 mg of **midazolam (Versed®)** IV/IM/IO\*  
q 3 minutes, up to a maximum dose of 6 mg.†
  5. Administer 4 gm of **magnesium sulfate** diluted with 20 ml of NS IV/IO  
or 4 gm IM not diluted.

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\*May be administered intranasally via mucosal atomization device (MAD) at a dose of 5 mg.

†If Versed® is not available, lorazepam may be substituted at appropriate dosages.