

## 2.11 RESPIRATORY DISTRESS: BRONCHOSPASM

BLS Treatment
<ul style="list-style-type: none"><li>• Position of comfort.</li><li>• NPO.</li><li>• <b>Oxygen</b> as indicated.</li></ul>
ALS Treatment
<ul style="list-style-type: none"><li>• Establish IV/IO of <b>Normal Saline</b> TKO.</li><li>• O2 saturation monitor. Titrate O2 flow rate to keep O2 saturation at target range 94 - 95%.</li><li>• <b>Albuterol</b>. Repeat as needed until relief of symptoms.</li><li>• For patients with severe refractory bronchospasm who are less than 50 years old and /or NO history of coronary artery disease or hypertension; administer:<ul style="list-style-type: none"><li>○ <b>Epinephrine</b></li><li>○ If no response to IM <b>Epinephrine</b> or patient is in extremis: IV <b>Epinephrine</b>.</li></ul></li><li>• Advanced Airway management (including CPAP) as indicated.</li></ul>
Base Hospital Contact Criteria
<ul style="list-style-type: none"><li>• To administer <b>Epinephrine</b> to patients <math>\geq</math> 50 years of age.</li><li>• If additional <b>Epinephrine</b> administration is needed beyond max dose.</li></ul>