

2.02 ALLERGIC REACTION

BLS Treatment – ALL Allergic Reactions	
<ul style="list-style-type: none">• Position of comfort.• NPO.• Oxygen as indicated.• May help patient administer their personal EpiPen autoinjector or equivalent product.• If patient does not have a personal autoinjector, give IM EpiPen autoinjector or equivalent product for suspected anaphylaxis and/or severe asthma if EMT has been trained.	
ALS Treatment - SPECIFIC Allergic Reactions	
	<p style="text-align: center;">MILD ALLERGIC REACTION Hives, rash and/or itching</p>
<ul style="list-style-type: none">• Diphenhydramine	
	<p style="text-align: center;">MODERATE ALLERGIC REACTION Hives, rash. Mild bronchospasm.</p>
<ul style="list-style-type: none">• Establish IV/IO Normal Saline TKO.• Diphenhydramine• Albuterol	
	<p style="text-align: center;">SEVERE ALLERGIC REACTION (ANAPHYLAXIS)</p> <p>Altered mental status, hypotension (SBP < 90) and evidence of hypoperfusion. Bronchospasm and/or angioedema</p>
<ul style="list-style-type: none">• Epinephrine• Establish IV/IO Normal Saline TKO.• If no response to IM Epinephrine or patient is in extremis, administer IV Epinephrine.• Diphenhydramine• Albuterol• If SBP < 90 or signs of poor perfusion, Normal Saline fluid bolus.	