

7.04 NASOTRACHEAL INTUBATION

INDICATIONS

Patients requiring a secure and patent airway who do not meet the indication for oral tracheal intubation

PROCEDURE

1. Explain procedure to patient if conscious
2. Pretreat both nares with **Phenylephrine HCL** 0.25% nasal spray
3. Administer **Cetacaine spray** to the posterior pharynx
4. Lubricate a NP airway with 2% **Lidocaine** gel and insert into the larger nare
5. Choose correct size ET tube. Remove stylet. Attach BAAM whistle. Lubricate tube with 2% Lidocaine gel
6. Position patient in “sniffing” position
7. Remove NP
8. Insert ET tube and intubate patient
9. Inflate cuff and bag ventilate.
10. Confirm position with End Tidal CO₂ detection monitor and at least two of the following methods:
 - Presence of equal breath sounds and equal chest rise
 - Absence of epigastric breath sounds
 - Misting or fogging in the ETT
 - BAAM whistle sounds
11. Secure the tube. (Consider cervical collar to prevent extubation).
12. Reassess tube placement after each patient movement (may be done with End Tidal CO₂ detection device).
13. If any doubt about proper placement, use direct visualization to confirm.